

# Make up work assignment for Fit & Well

## Session II

Type a 2-3 page paper on the following topic;

**“You are a tiny blood cell traveling through the cardiovascular system of a human body. Starting at the Right Side of the Heart chamber (Right Atrium) and describe the path you take throughout the entire cardiovascular system.”**

Give details about the importance of going through the alveoli in the lungs and through the capillaries in the muscle tissue. Be sure to give details as to whether you are traveling through a vein or an artery as you are moving through the body. Finish the trip by going back to the right atrium.

A cover page with topic title, your name, name of this course, and due date of paper, should be the 1<sup>st</sup> page, **which is not considered one of the 2 -3 pages.**

Be sure to site your references. List the website address/http of all web sites that you consulted. List any books that you consulted. **The reference page is not considered one of the 2- 3 pages.** The paper should be type written in size 12 font double spaced. You may email me the paper before the due date or print it out and give it to me at the next class meeting.

**This assignment is due by; \_\_\_\_\_ . If it is not completed or if it is not completed correctly, a full grade reduction will occur at the end of the course.**

If you have any questions about the assignment, be sure to ask me tonight before we leave class.

Mark Sissom